

REGISTRATION REPLY SLIP

This reply slip should reach us by 10 November 2017. As places are limited, we strongly encourage participants to register early. To register, please fax to **6223 9789** or email pgmi.gpcme@sgh.com.sg

Please register the following name for the programme:

Name : _____

MCR No. : _____

Clinic : _____

Address : _____

Tel : _____

Fax : _____

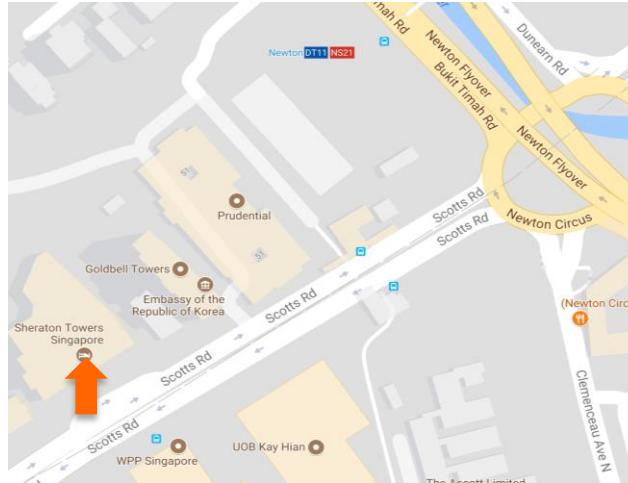
Email : _____

**Pre-registration is required
for CME points**



Venue

Sheraton Towers, Ballroom Level 2,
39 Scotts Rd, Singapore 228230.



**BUFFET LUNCH STARTS
FROM 1 PM**

In collaboration with:



**The Chronic Obstructive
Pulmonary Disease
Association (Singapore)**

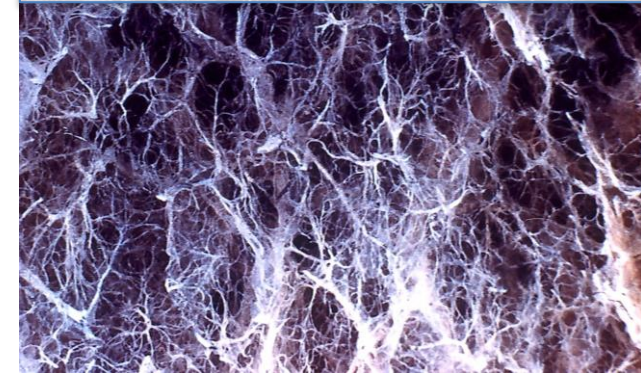
Sponsors:



Lung Centre

PRIMARY CARE SERIES

18 November 2017



COPD Stay Updated !

**Accredited 2 Family
Medicine Core CME points**

OVERVIEW

Chronic Obstructive Pulmonary Disease (COPD) is now defined as a treatable illness characterized by persistent airflow obstruction. Nevertheless, it remains a leading cause of death and disability in Singapore. Exacerbations and co-morbid conditions contribute to severity and make clinical management challenging.

This symposium will focus on accurate diagnosis and assessment of disease severity using both clinical evaluation and spirometry. The latest themes from the international GOLD recommendations for COPD as well as the MOH clinical practice guidelines will be highlighted. These include prevention of lung function decline, optimal use of bronchodilator therapy, management of co-morbid conditions and avoidance of exacerbations or hospitalizations.

Pulmonary rehabilitation contributes to the holistic management of this debilitating medical condition. Smoking cessation techniques using practical counselling techniques and effective pharmacotherapy will be discussed. Case management with examples from the SGH COPD Clinic case files will provide insight in translating guidelines to clinical practice. In addition, a hands-on session on portable spirometry and inhaler techniques will offer practical insights.

PROGRAMME

1.00 pm Registration & Buffet Lunch

2.00 pm Welcome Address

Adj Asst Prof Tan Tze Lee
President of the COPD Association
MOH Clinical Practice

COPD in 2017: Gold in the Guidelines

2.30 pm Spirometry: How to do it and what it means

3.00 pm Smoking Cessation: Motivational Interviewing and Beyond

3.30 pm Exercise Therapy for COPD: What works & what does not

4.00 pm Case Studies on COPD Management

4.30 pm Quiz with Mystery Prize & Closing Address

*Followed by break-out sessions for **hands on training on inhaler techniques and performing effective spirometry***

FACULTY

Dr Ong Thun How
Programme Director, SingHealth
Respiratory Medicine Residency

Dr Adrian Chan
Director, SGH Pulmonary Physiology Lab

Dr Kalyanasundaram Ganesh
Assoc Consultant, Dept of Respiratory & Critical Care Medicine, SGH and SKH

Dr Ong Hwee Kuan
Senior Principal Physiotherapist, SGH

Dr Jessica Tan
Director of SGH COPD Clinic & Consultant SKH

Dr Phua Ghee Chee
Head, Dept of Respiratory & Critical Care Medicine, SGH

Physiology Technicians
SGH Pulmonary Physiology Lab

Asthma Nurses
SGH Asthma Program